



WELCOME TO SMS TRACK AND FIELD!

Track and Field is open to all 4th through 8th graders and events range from sprints to long distance, hurdles, long jump, discus and shot put.

Our practices for this season will begin Monday, March 6. All practices are immediately after school at the football field. We will post a Google calendar, so when you submit your registration form please use a Gmail as one of your emails, if you want to be linked to the Google calendar.

March practices are: Monday through Thursday 3 to 4:30.

April and May schedule will typically be Monday, Tuesday, Thursday, and Friday 3 to 5.

Participants are required to attend an average of 2 practices a week in order to be eligible to compete in meets, but are encouraged to attend as many as they can.

Please [register here](#).

If you have any questions please contact Coach Miller and Coach Jensen at stmarytrackandfield@stmarybg.org