

CALLING ALL STUDENTS

Come Join the Saint Mary Cross Country Team, Fall 2017

WHO CAN JOIN??

All SMS students going into 4th, 5th, 6th, 7th, and 8th grades (2017-2018 school year)

WHEN DOES CROSS COUNTRY SEASON START?

Practice starts August 7th, 2017; Meets begin late August – the season ends in early October

WHAT DO I NEED TO BE ON THE TEAM?

You just need a good pair of running shoes, the desire to run, and the ability to have FUN!

WHAT ABOUT OTHER FALL SPORTS?

Cross Country is GREAT for all athletes. If you play another sport, you can still train with us and compete in races that do not interfere you're your other sport!

WHEN DOES PRACTICE START?

The first practice will be held on Aug 7 at Buffalo Creek Forest Preserve, from 5:30pm to 7:00pm. Once school begins, we will meet after school on the football field from 3:30pm to 5:30pm

HOW DO I SIGN UP?

Ask your parents to email CROSSCOUNTRY@STMARYBG.ORG

SAINT MARY CROSS COUNTRY



Because everything else ... is just a game!